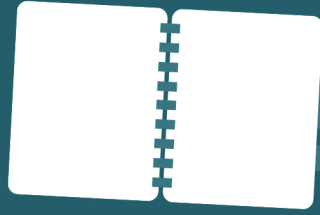


APPROACH AND PREPARATION

- Build an alliance to tackle problems
- Practice is about both the client and about events
- Disentangle and tackle complications
- Explain your practice approach
- Gain clients' **informed** consent



WORK ON PERSON-IN-SITUATION OR PERSON-IN-ENVIRONMENT

Explore

- Problems*
- Places* where problems arise
- People* involved
- Processes* that repeat

Observe

- How people *interact*
- Patterns* of behaviour



PSYCHOSOCIAL ASSESSMENT

Assess facets of problems

- Bio-psychosocial development stages
- Physical or medical conditions
- Psychological problems
- Personal responses to events
- Interpersonal issues
- Social factors
- Resource problems
- Disasters

Dynamics – how the facets interact

Etiology – source of the problems

Classification – aspects of clients' lives affected



INTERVENTIONS

- Create 'secure home' as a 'holding environment'
- Model effective behaviour to clients
- Sustainment: providing a secure, confiding relationship
- Head off adverse events
- Share understanding and options
- Encourage coping, finding workable options
- Accept ambiguity and uncertainty
- Offer experience of cooperation as part of your work

- Improve clients' relationships with other organizations
- Develop clients' insight into feelings and thinking
- Tease out what works and what doesn't
- Look for irrational defences
- Validate clients' successes
- Challenge repeated unhelpful behaviours
- Bite off workable chunks of problems

