

IDENTIFY LEVELS AND ROLES OF SYSTEMS

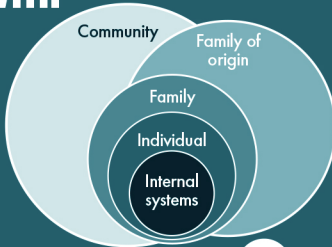
Explore the 'person-in-environment'
 How do changes in the system have impacts on people in it?
 Understand biopsychosocial and spiritual issues in the system
 Reflect on patterns of transaction and relationship
 Look at interaction of systems and subsystem
 Consider the reciprocal influence of individuals
 Think about circular causality



TARGET SYSTEMS

Client ● Change agent
 Target ● Action

IDENTIFY RELEVANT SYSTEMS TO WORK WITH



HELPING SYSTEMS

Informal and natural systems
 Formal systems ● Societal systems

SERVICE APPROACH

Make connections
 Integration ● Adaptation
 System maintenance

PLAN INTERVENTIONS AND SERVICES

Decide your approach
 Decide on types of service
 Design your intervention
 Ensure plans are feasible, viable, sustainable and adaptable

SERVICE TYPE

Direct intervention
 Coordination ● Governance
 Control ● Support ● Surveillance
 Intelligence ● Policy-making

WORKING ON ISSUES

Engage with people involved
 'Respectful curiosity'
 Rehearse new ideas
 Use strategic and structural approaches
 Examine environments
 Explore person-environment interventions
 Work to develop networks
 Think about multisystemic practice

DEALING WITH PROBLEMS

Change the number or range of systems involved
 Upset equilibrium in the system
 Work to overcome slow progress
 Instil confidence and hope
 Establish trial periods and...
 ...if they fail, devise a new plan
 Set short-term interim goals...
 ...building towards longer-term aims

STRATEGIC APPROACHES

Reframing
 Directives
 Communication

STRUCTURAL APPROACHES

Belief systems
 Organization
 Communication and problem-solving

TARGET NETWORKS

Family group decisions
 Support networks
 Mentoring relationships
 Mutual aid
 Group activities

PERSON-ENVIRONMENT NETWORKS

Belief systems
 Organization
 Communication and problem-solving